



# Student Counselling Centre of the University of Zadar Croatia

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Studentsko savjetovalište  
Sveučilišta u Zadru





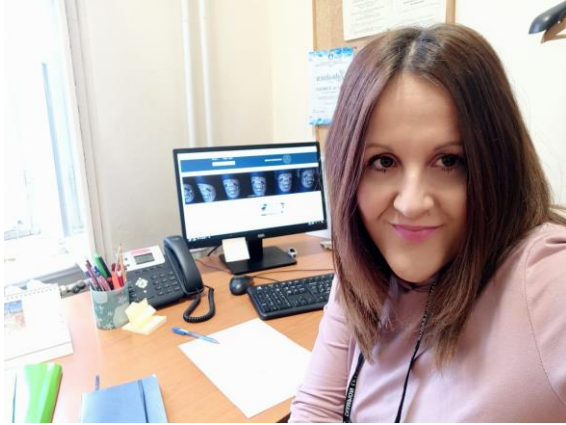
## OUR MISSION

**Student Counselling Centre** is a component of the University of Zadar established in **2008** with the mission of providing psychological assistance and support to students who study at the University, as well as to the employees of the University who work with students in different ways.



Activities of the Counseling Centre are directed towards **providing professional assistance and support during college years**, but also towards the growth and development of all participants of the educational process.

# MEET OUR STAFF



Head of Student Counselling  
Centre

Assist. Prof. Marina Vidaković, PhD



Expert associates

Ivana Sučić Šantek, MA & Severina Mamić, MA



# MAIN ACTIVITIES



INDIVIDUAL  
COUNSELLING



WORKING WITH  
STUDENTS WITH  
DISABILITIES



WORKSHOPS



HEALTHCARE  
CONSULTATIONS



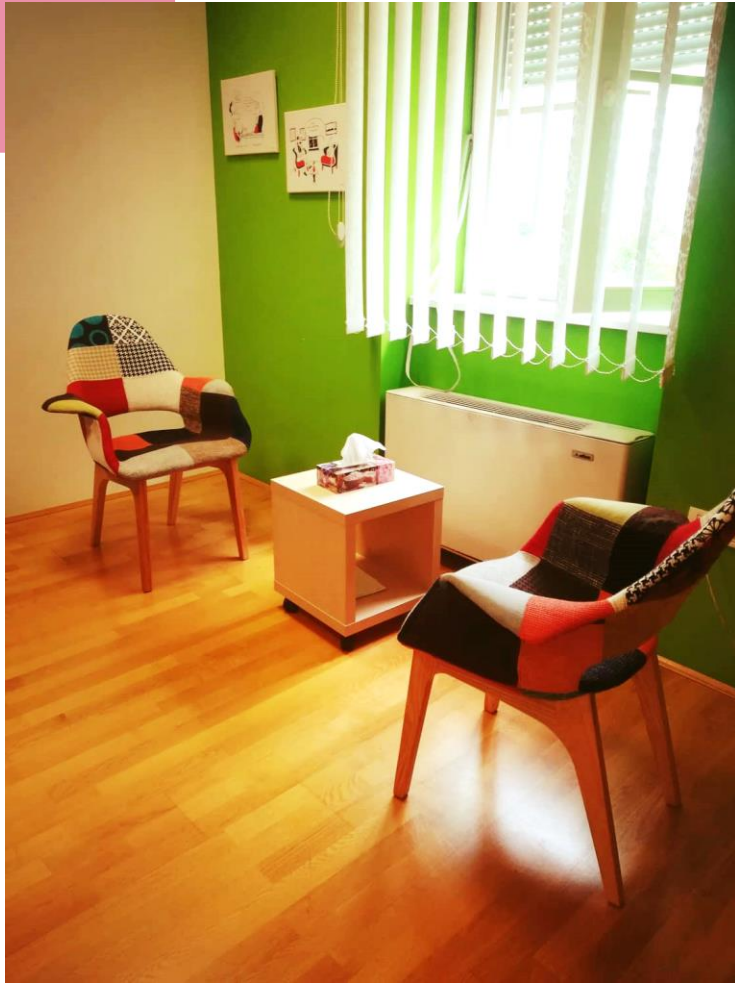
PRODUCTION OF  
FLYERS AND  
BROCHURES



VOLUNTEERING



CELEBRATION  
OF IMPORTANT  
DATES



## Individual counselling

- ❑ directed towards overcoming various difficulties related to academic achievement, relationships, anxiety, depression, self-satisfaction etc.
- ❑ provided mostly by psychologists with additional education in psychotherapy
- ❑ all of our services are free of charge and we guarantee maximum discretion and confidentiality

# Our counsellours

Apart from our expert associates, counsellours in Student Counselling Centre are:

- ❑ Prof. Mira Klarin, PhD
- ❑ Assoc. Prof. Rozana Petani, PhD
- ❑ Assist. Prof. Artur Dodaj, PhD
- ❑ Katica Burić-Ćenan, PhD
- ❑ Lozena Ivanov, MS, senior lecturer





International Day of Persons with  
Disabilities (2016) – students attending  
*Croatian Sign Language* workshop

## Working with students with disabilities

- ❑ we strive to ensure conditions for successful and equally accessible education of students with disabilities such as visual and hearing impairment, physical disabilities, chronic diseases, multiple impairments and various other health conditions that could manifest as potential obstacles in the normal course of study
- ❑ SCC organizes support groups for students with disabilities as well as ***Peer Support Course***



# Workshops

We offer variety of workshops throughout academic year such as:

- ❑ *When does anger become a problem?*
- ❑ *How to avoid last minute studying?*
- ❑ *Shame*
- ❑ *Fear of public speech*
- ❑ *How to take care of your mental health?*







Students who attend our workshops get a Certificate of attendance which they can attach to their resume.



# Pitaj liječnika

Studentsko savjetovalište  
Sveučilište u Zadru

Zavod za javno zdravstvo Zadar  
Služba za školsku i adolescentnu  
medicinu

## Healthcare consultations

- ❑ healthcare consultations in cooperation with Institute for Public Health Zadar – **Ask a Doctor**
- ❑ students of University of Zadar can get medical advices via email **[pitaj.lijecnika.ssunizd@gmail.com](mailto:pitaj.lijecnika.ssunizd@gmail.com)**

## Production of flyers and brochures

Our flyers and brochures are placed on our brochure stands on Old Campus, New Campus and Relja

they cover subjects such as:

- *Learning styles and strategies*
- *How to study effectively? Motivation and concentration*
- *Adjustment to college*

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# Volunteering

- mostly psychology students who organize workshops for their peers



## Celebration of important dates



International Students' Day (2016)



Mental Health Month (2018)



International Day of Persons with Disabilities (2019)





Human Rights Day (2019)



12th birthday of Student Counselling Centre (2020)



# Where are we?

📍 Trg kneza Višeslava 9, HR – 23 000 Zadar

[www.unizd.hr/savjetovaliste](http://www.unizd.hr/savjetovaliste)

+385 23 200 820

[savjetovaliste@unizd.hr](mailto:savjetovaliste@unizd.hr)



Facebook



Instagram





# Welcome to Student Counselling Centre!

